
TRB STUDY MATERIALS GUIDE

Teacher Recruitment Board (TRB)

Study Materials • Books • Resources

VelviHub Premium Edition

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CHAPTER 1

BEST BOOKS FOR TRB

Educational Psychology

- Child Development & Pedagogy
- Educational Psychology Guide
- Arihant Psychology

Tamil

- Samacheer Tamil Books
- Tamil Grammar Books

English

- Wren & Martin
- Objective English

Mathematics

- Quantitative Aptitude
- Samacheer Maths

Science

- Samacheer Science Books

Social Science

- Samacheer Social Science
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CHAPTER 2

SAMACHEER BOOKS STUDY PLAN

தமிழ்நாடு பாடப்புத்தக கழகத்தின்
6 முதல் 12 ஆம் வகுப்பு வரை உள்ள
புத்தகங்கள் மிகவும் முக்கியமானவை.

Read Order

Week 1

- Tamil
- English

Week 2

- Mathematics
- Science

Week 3

- Social Science

Week 4

- Revision
-

CHAPTER 3

NOTE MAKING TECHNIQUES

Study Notes உருவாக்கும் முறை

- Short Notes
- One Page Notes
- Formula Notes
- Mind Maps

Benefits

✓ Easy Revision

✓ Quick Learning

✓ Better Memory

CHAPTER 4

MEMORY TECHNIQUES

Memory Improvement Methods

- Repetition
- Visualization
- Association
- Mind Mapping

Golden Rule

Read

Write

Revise

Remember

CHAPTER 5

REVISION TECHNIQUES

First Revision

24 Hours

Second Revision

7 Days

Third Revision

15 Days

Final Revision

Before Exam

CHAPTER 6

MOCK TEST STRATEGY

Weekly Mock Test

Month 1

- 4 Tests

Month 2

- 8 Tests

Month 3

- 12 Tests

Benefits

✓ Time Management

✓ Accuracy

✓ Confidence

CHAPTER 7

PREVIOUS PAPER ANALYSIS

Why Previous Papers?

- Exam Pattern
- Repeated Questions
- Important Topics

Practice Method

- Solve
 - Analyse
 - Revise
-

CHAPTER 8

ONLINE RESOURCES

Useful Websites

- TN Textbooks

- TRB Official Website

- VelviHub

Learning Platforms

- YouTube

- Online Mock Tests

- PDF Libraries

CHAPTER 9

TOPPER STUDY ROUTINE

Morning

- Psychology

Afternoon

- Subject Topics

Evening

- Current Affairs

Night

- Revision

Daily Study Time

4–6 Hours

CHAPTER 10

FINAL PREPARATION TIPS

Last 30 Days

✓ Full Revision

✓ Mock Tests

✓ Short Notes

✓ Time Management

Avoid

✗ New Topics

✗ Exam Fear

✗ Overconfidence



QUICK CHECKLIST

☒ Books Ready

☒ Notes Ready

☒ Revision Complete

☒ Mock Tests Completed

☒ Confidence Level High



Learn • Practice • Succeed

Best Wishes For Your TRB Success!
